



## Health and Safety Information for students

### **Illnesses and accidents**

Check the Notice Board for our First Aiders. Please talk to them if you are ill or have an accident. Contact the school immediately if you can't come to your lessons. Your host family or a friend can contact the school for you.

### **Getting home late at night**

If you are under 18, your parents may have set a curfew. Make sure you are home by that time, or we will have to contact your parents. Exeter buses finish at 11.30 pm. If you are out after that time, please take a taxi home. Use a registered taxi service (Apple Taxis 01392-434343; 01392-666666; Z Cars 01392-422888).

### **Alcohol and Smoking**

You may NOT purchase alcohol if you are under 18 years old. You may be asked for your I.D. when you buy alcohol. You can go into restaurants and pubs if you are under 18 and accompanied by an adult, but you CANNOT go into nightclubs. You CANNOT buy cigarettes if you are under 18 years old. Please DO NOT ask your host family to buy them for you.

### **Drugs**

You may NOT purchase, sell or possess any of the Class A or B drugs (ecstasy, LSD, heroin, cocaine, crack, magic mushrooms, amphetamines, cannabis, methylphenidate, pholcodine). If you do, you can be arrested and may go to prison. (More information: [www.homeoffice.gov.uk/drugs/drug-law](http://www.homeoffice.gov.uk/drugs/drug-law) ) Do NOT buy legal highs, as these are also very dangerous.

### **Driving in the UK**

You must hold a full driving licence to drive here, and be at least 18 years old. You must also have car insurance, and the car you drive must have an up-to-date tax disc. Our traffic rules may be very different to those in your country, so please read the rules in the Highway Code: <http://www.direct.gov.uk/en/travelandtransport/highwaycode> .

### **Do you have a problem?**

You can talk to your teacher, the Director of Studies, the Administrator, the Principal or your host family about it.

If you are under 18, and it is a secret problem, there is a special phone number you can call: CHILDLINE – 0800 1111



If you want to complain about the school, and you have spoken to your Director of Studies, you can contact English UK: English UK, 219 St John Street, London, EC1V 4LY

Tel: +44 (0)20 7608 7960 E-mail: [info@englishuk.com](mailto:info@englishuk.com)

